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*Charity Number: 1190806 (England and Wales) SC051785 (Scotland)*

15<sup>th</sup> July 2025

## **YIHA Minimum Reserves Policy**

The Yoga In Healthcare Alliance Charity is run by volunteers. The Directors have agreed a minimum reserves policy of £5,000.00 to safeguard the essential work of the charity.

This policy is enshrined in the Directors Report and Financial Statements for 2024-25

Policy in force since financial year 21-22.

Re-affirmed by Directors on 15<sup>th</sup> July 2025

On behalf of YIHA Trustees

A handwritten signature in black ink, appearing to read "Paul Fox", with a horizontal line underneath.

Paul Fox  
Chief Executive Officer