



Contactyoga4health@gmail.com Tel 07782 413 146

Charity Number: 1190806

YIHA Data Protection Privacy Policy

YIHA is committed to protecting and respecting your privacy.

This policy sets out how we will use any personal data we collect from you, or that you provide to us. Our central principle is that we will always be UK General Data Protection Regulation (UKGDPR) compliant and only use your data to maintain your membership of YIHA and to communicate information about the charity's work to you via email newsletter, our Yoga4Health magazine and YIHA Events. We will never pass on your details to a third party and all your details will remain confidential at all times. If you have any questions about this policy, please email contactyoga4health@gmail.com

For the purpose of the Data Protection Act 2018 (the "Act") and UK General Data Protection Regulation 2018 (UKGDPR), the data controller is Paul Fox c/o YIHA Registered Office, Arnold House, 2 New Road, Brading, Isle of Wight, PO36 0DT

1. Information we may collect from you.

We may collect and process the following data about you:

- Information that you provide by filling in forms on our site www.yogainhealthcarealliance.com ("our site"). This includes information you provide when registering to use our site, subscribing to our email services and newsletters, booking onto a course or event, subscribing to our yoga practice videos, or requesting further services. The information you provide to us may include your name, organisation name, address, e-mail address, phone number, photographs, and financial and credit card information.
- We may also ask you for information when you report a problem with our site.
- If you contact us, we may keep a record of that correspondence.
- We may also ask you to complete surveys that we use for research purposes, although you do not have to respond to them. In such instances we will notify you of the purposes of this data collection, what information is being collected and how it is being stored and used.
- Assessment and evaluation data when undertaking Y4H or Y4NHS training
- If you enrol on our training we may record and retain details of the training you have undertaken and your achievement.

2. Your security and where we store your personal data.

We will always hold your information securely. We will take all steps reasonably necessary to ensure that your data is treated securely and in accordance with this privacy policy.

Where we have given you (or where you have chosen) a password which enables you to access certain parts of our site, you are responsible for keeping this password confidential. We ask you not to share your password with anyone.

Unfortunately, the transmission of information via the internet is not completely secure. Although we will do our best to protect your personal data, we cannot guarantee the security of your data transmitted to our site - so any transmission is at your own risk. Once we have received your information, we will use strict procedures and security features to try to prevent unauthorised access.

3. How we use your information.

We use information held about you in the following ways:

- To ensure that content from our site is presented in the most effective and easily understandable way for you and for your computer.
- To provide you with information or services that you request from us or which we feel may interest you, where you have consented to be contacted for such purposes.
- To notify you about changes to our service.
- To evaluate the performance of our yoga4health and other training programmes; to inform improvement.

4. Disclosure of your information

We may disclose your personal information to third parties if we are working with them to deliver a service you have requested, under a duty to disclose or share your personal data in order to comply with any legal obligation, or in order to enforce or apply our terms and conditions and other agreements; or to protect the rights, property, or safety of YIHA or others. This will usually only apply to people who register to complete the Yoga4Health 10-week social prescribing programme or those that have enrolled on our PCI accredited Yoga4Health teacher training programme.

5. Your right to refuse data collecting.

You have the right to ask us not to process your personal data and to opt out of data collection for marketing purposes, which for YIHA is information about the charity's work and events. We will always inform you (before collecting your data) if we intend to use your data for such purposes. We will never disclose your information to any third party for such purposes. It is your right to prevent us from contacting you by checking certain boxes on the forms we use to collect your data or by contacting us at contactyoga4health@gmail.com

6. Following links to and from our site

Our site may contain links to and from other websites related to yoga in healthcare. If you follow a link to any of these websites, please note that these websites have their own privacy policies and that we

do not accept any responsibility or liability for these policies. Please check these policies before you submit any personal data to these websites.

7. Access to your information

The Data Protection Act gives you the right to access information held about you. You can request access to the information we hold on you. You can request this information by contacting training@yogahealthcarealliance.com using the subject line 'data subject access request'.

8. Changes to our privacy policy

Any changes we may make to our privacy policy in the future will be posted on this page.

9. Contact

Questions, comments, and requests regarding this privacy policy are welcomed and should be addressed to training@yogahealthcarealliance.com

Change Record

Date of Change:	Changed By:	Comments:
26.11.20	Paul Fox	Policy approved by the Trustees
10.3.21	Paul Fox/ Amanda Jane Crompton	Policy approved by the Trustees
25.03.2021	AJ Crompton	Revised to allow for patient data collection for programme evaluation
28.11.2022	AJC	Reviewed and revised
30.11.2022	PF	Approved
30.11.2023	AJC	Reviewed for currency
06.05.2024	AJC	Reviewed for currency
15.05.2024	PF	Approved
25.10.2025	AJC	Updated